

Excitement of Being

INTERNATIONAL WORKSHOP
MAY 30. – JUNE 4. 2027
IN DENIA/SPAIN

Focusing on our true self is like a compass for our own path.
This requires courage time and again, and is at the same time,
a prerequisite for a fulfilling life.



This week offers the following possibilities*:

Acquasus® - Poolwork

Dansergia® - Dance and Movement

Life Energy Therapy®

- Body- and energy work

Process Inquiry®

- Verbal Inquiry

Yogatherapy & Meditation

* Changes may occur



Life energy, as a universal force, permeates all levels of our being and is oriented toward wholeness. In Life Energy Process we find access to it through the inner vibration that is inherent in each of us. When we come into contact with the free flow of this energy, we are connected to our original being.

Focusing on our true self is like a compass for our own path. This requires courage time and again, and is at the same time, a prerequisite for a fulfilling life. In addition, it brings us into contact with the next steps in our development and our deeper potentials—on a psychological, social, and spiritual level.

It requires a willingness to open ourselves to this energy and to consciously surrender to the process that follows. This creates space for enthusiasm for our own being.

Change begins the moment we stop conforming to others—and start being ourselves.

Workshop Leaders:

Widmantas Skutta, Life Energy Process Teacher (Life Energy Therapy), Instructor Process Inquiry, psychotherapy, coaching and organizational consulting in his own practice.

Pia Brunner, Life Energy Process/Grouplevel in Acquasus Poolwork and Dansergia, swimming and sports teacher. Training in yoga therapy. Own practice, 10 years clinical experience at various clinics.

Helga Köhler, Dipl.Päd., psychotherapeutic alternative practitioner, Life Energy Process/Psychotherapist (Dansergia). Worked for 19 years as a creative therapist in the Heiligenfeld Clinics, since 2000 in own practice.

The location:

The 'Open Sky Villa' is located on the outskirts of Denia (between Valencia and Alicante) close to the sea on one side and the Montgo National Park on the other. In addition to the stately main house, there are small bungalows and yurt tents. Occupancy for 2-3 persons/room. (Single rooms are limited with surcharge on request). Meals are vegetarian.

Timetable:

Welcome and introduction to the workshop on day 1. Wednesday is a half day off and end of workshop is on Friday lunchtime.

For further information

Widmantas Skutta

Phone (49) 01590 10 85 329

Mail: inlifecologne@t-online.de

Pia Brunner

Phone (49) 0151 1021 9531

Mail: info@corazone.de

Costs incl. full board and accommodation for 5 days:

Application until February 10, 2027

1.290,- €

after February 10, 2027

1.440,- €

Payment:

Please transfer the fee for the workshop to the following account with your application:

Pia Brunner, IBAN: DE59 3705 0198 1931 2834 18, BIC/Swift: COLSDE33XXX

Further informations will be provided after application.

Application:

Last Name:.....

First Name:.....

Address:.....

Phone:.....

E-Mail:.....

Arrival by (please tick)Train ☐ Plane ☐ Car ☐

Total amount €.....

Registration by May 9, 2027 at the latest

I/we obligatory apply for the International Workshop in Denia from 30.5.27 - 4.6.27 and transfer the participation fee at the same time.

I confirm that I'm personally responsible for my participation and any consequences that may arise.

In case of cancellation until 28.2.27 at the latest, 90% of the fees will be refunded, until 25.3.2027: 50%. No refunds are possible after this date.

This regulation also applies in the event of acute illness and other unforeseeable events.

Date

Signature

Please note: Places are limited & will only be reserved once full payment has been received.

Send to:

**Pia Brunner
Scheunenfeld 6**

D-51503 Rösrath
